



# LUNCH

## SEPTEMBER 2018

Middle School



### Monday



3

### Tuesday

Steak and Gravy **OR**  
Chicken Patty  
Mashed Potatoes  
Green Peas//Buttered Corn  
Fruit Variety  
Dinner Roll  
Milk Variety

4

### Wednesday

Zesty Orange Chicken **OR**  
Macaroni and Cheese  
Cheesy Broccoli  
Garden Salad  
Veggie Juice  
Fruit Variety  
Garlic Breadstick/ Rice **OR** Noodles  
Milk Variety

5

### Thursday

Cheesy Breadsticks **OR**  
Mini Corndogs  
Potato Smiles  
Pinto Beans  
Marinara Sauce  
Fruit Variety  
Milk Variety

6

### Friday

Pizza **OR** Popcorn Chicken  
Veggie Dippers  
Garden Salad  
Green Beans  
Fruit Variety  
Garlic Knot  
Milk Variety

7

Chicken Nuggets **OR** Fish  
Scalloped Potatoes  
Pinto Beans  
Roasted Brussel Sprouts  
Fruit Variety  
Dinner Roll/ Hushpuppies  
Milk Variety

10

"Breakfast for Lunch"  
Chicken or Sausage  
Eggs/ Potato Sidewinder  
Cherry Tomatoes  
Cool Tropics Slush  
Fruit Variety  
Biscuit  
Milk Variety

11

Mexican Pasta Bake **OR**  
Cheesy Dunkers  
Green Beans  
Baby Baker Potatoes  
Garden Salad  
Marinara Sauce  
Fruit Variety/Milk Variety  
Garlic Breadstick

12

Taco **OR** Hot Dog  
Refried Beans  
Oven Fries  
Salsa  
Taco Trimmings  
Fruit Variety  
Tortilla Tub  
Milk Variety

13

Pizza **OR** Chicken Sliders  
Buttered Corn  
Garden Salad  
Potato Smiles  
Fruit Variety  
Slider Roll//Cookie  
Milk Variety

14

Chicken and Waffle **OR**  
Grilled Cheese  
Oven Fries  
Pinto Beans  
Veggie Juice  
Fruit Variety  
Milk Variety

17

Spaghetti **OR** Boneless Wings  
Green Beans  
Garden Salad  
Buttered Corn  
Fruit Variety  
Garlic Breadstick  
Milk Variety

18

Chicken and Noodles **OR**  
Pork Sliders  
Mashed Potatoes  
Cheesy Broccoli//Carrot Dippers  
Fruit Variety  
Dinner Roll/ Hot Dog Bun  
Milk Variety

19

Corn Dog **OR** Hamburger/  
Cheeseburger  
Baked Beans  
Oven Fries  
Veggie Dippers  
Fruit Variety  
Hamburger Bun  
Milk Variety

20

Pizza **OR** Chicken Fajita  
Shoe Peg Corn  
Potato Wedges  
Roasted Veggies  
Fruit Variety  
Tortilla/Cookie  
Milk Variety

21

Pulled Pork BBQ **OR**  
Chicken Nachos  
Baked Beans//Oven Fries  
Dill Pickles  
Fruit Variety  
Hamburger Bun/ Tortilla Tub or Chips  
Milk Variety

24

Steak and Gravy **OR**  
Chicken Patty  
Mashed Potatoes  
Green Peas//Buttered Corn  
Fruit Variety  
Dinner Roll  
Milk Variety

25

Zesty Orange Chicken **OR**  
Macaroni and Cheese  
Cheesy Broccoli  
Garden Salad  
Veggie Juice  
Fruit Variety  
Garlic Breadstick/ Rice **OR** Noodles  
Milk Variety

26

Cheesy Breadsticks **OR**  
Mini Corndogs  
Potato Smiles  
Pinto Beans  
Marinara Sauce  
Fruit Variety  
Milk Variety

27

Pizza **OR** Popcorn Chicken  
Veggie Dippers  
Garden Salad  
Green Beans  
Fruit Variety  
Garlic Knot  
Milk Variety

28

Smart Mouth Pizza may be offered daily.



The Nutrition Department strives to offer the daily menus as planned and advertised, however, due to some circumstances beyond our control, the daily menu may be altered.

This institution is an equal opportunity provider



ALL reimbursable meals **MUST** have a **FRUIT** or **VEGETABLE** on the tray. Students may decline 2 of the 5 meal components- Meat, Grain, Fruit, Vegetable & Milk- but cannot decline BOTH Fruit and Vegetable.

MY SCHOOL BUCKS **PAY FOR MEALS ONLINE**  
MySchoolBucks.com