

Survival Kit Requirements

Due Date _____

A survival kit should be the most personal thing in your camping gear. A good survival kit should be built to do a specific job. In other words, a kit made for carrying while fishing in summer may not do the job while snow shoeing in the winter. It should be as small as possible and be made of metal.

The following items must be included in your survival kit:

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| _____ can (metal) | No bigger than the volume of a small coffee can (4" diameter by 5-1/2" tall) |
| _____ metal handle | coat hanger works well |
| _____ matches | in a waterproof container (Ziploc bag works) |
| _____ pocket knife | Leatherman type very handy, but not required |
| _____ firestarters | several, small, such as Fire Sticks |
| _____ candle | for light, back up firestarter |
| _____ nylon cord | to set up shelter/rainfly (40-60 ft); wrap around outside of can |
| _____ plastic bag | for items after removal from can, large Ziploc is best |
| _____ aluminum foil | heavy duty, fold up, can be used for cooking |
| _____ signaling device | mirror, whistle, <u>small</u> flashlight, etc. |
| _____ compass | orienteeing type is best |
| _____ fishing line | at least 10 feet |
| _____ fish hooks | several small, 1 or 2 large for snagging |
| _____ spoon | most lost item-be careful |
| _____ food | <u>rice</u> , 2 small pieces of dried meat (nothing else allowed; we want you to eat food you harvest from the beach) |
| _____ seasoning | <u>bouillon cubes</u> , salt, pepper, spices as desired |
| _____ water flavoring | Propel, Kool-Aid, Gatorade, etc. powder; instant tea or coffee |
| _____ soap | liquid dish soap works well, but put in secure container |
| _____ Band-Aids | several, different sizes |
| _____ disinfectant | make sure container is secure, for cuts and burns |
| _____ Kleenex | small, travel pack |
| _____ medicine | ibuprofen, Tylenol, etc.; allergy; etc. as needed |

The following are some additional items that could be included in a survival kit. Remember, this kit is to do a job for you. There may be other things you would like to include which are not on this list. Note that water purification tablets would normally be a great item for a survival kit, but you may NOT include this in your survival kit, because we want you to practice purifying water by making fires and boiling.

| | |
|--------------------------|---|
| 10 ft snare wire | water purification tablets (but not allowed – must boil!) |
| magnifying glass | gauze |
| single edge razor blades | wire saw |
| Chapstick | sewing needles |
| bee sting kit | other? |

Students NOT going on the survival trip are also required to make a survival kit. However, we do not want you to spend a lot of money putting your kit together. So you may substitute items you have around the house for items on the required list. For example, any metal can will do, such as a soup can, etc. If you do not have nylon cord, you may use string, yarn, or something similar. There are many other possibilities, so check with your teacher if you are not sure what you could use. Even if you do not go on the survival trip, someday you may need a survival kit for your boat or car or for some type of outdoor activity. The point is to get you thinking about what should be in a survival kit, and assembling a kit in this manner represents what you would include in a real survival kit.