

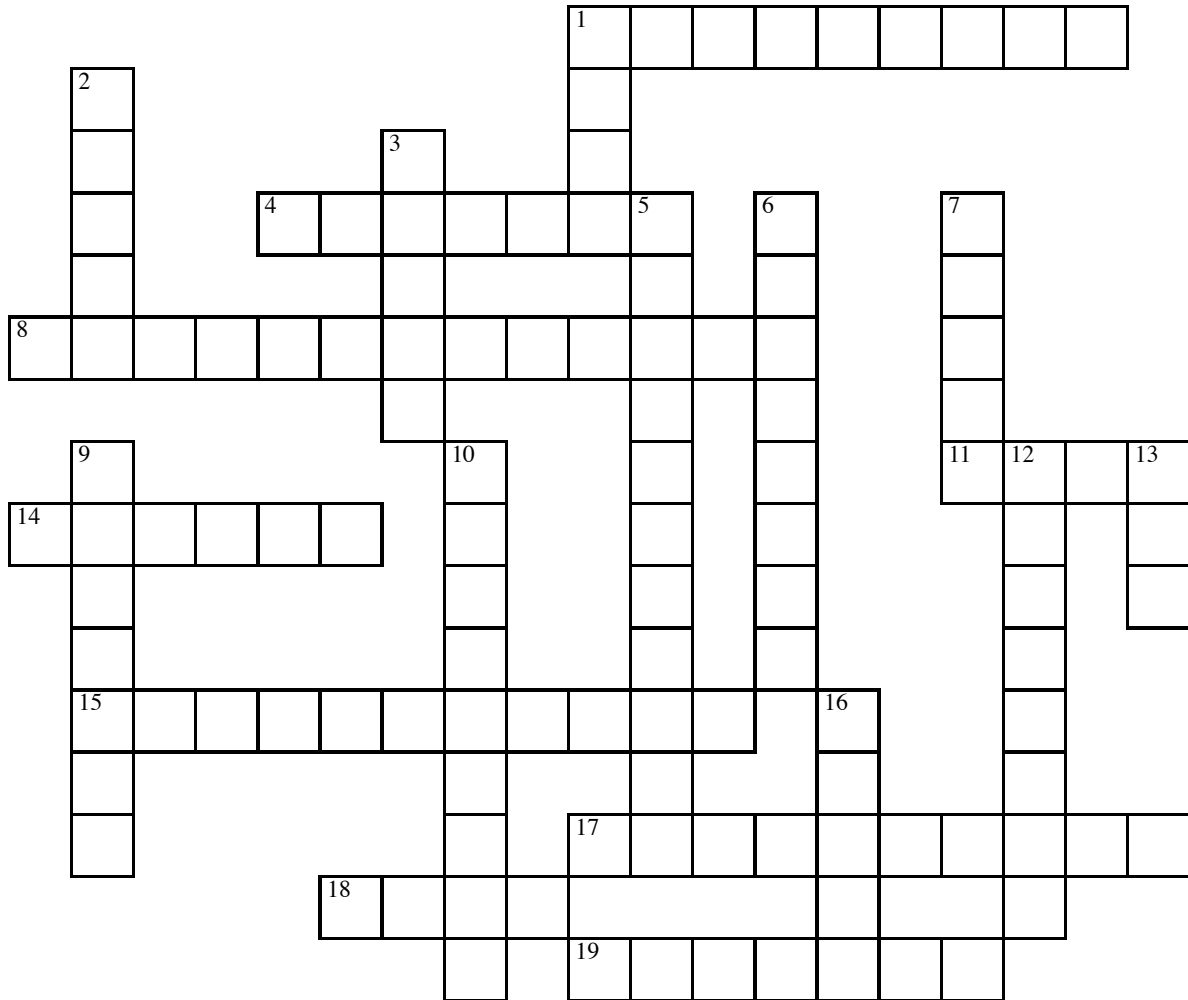
Hypothermia Crossword

Name _____

Period _____

Date _____

**Do this AFTER the Study ?'s
on the Backside.**



ACROSS

1. The cooling effect moving air has on skin.
4. Hypothermia victims are in a very _____ state. Handle them with care.
8. Things you should always carry when hiking.
11. Fifty percent of heat is lost through this part of the body.
14. Raingear over a warm coat over a fleece shirt over long underwear are _____ of clothing.
15. Lowering of the body's core temperature.
17. Hypothermia strikes when people are _____.
18. Hypothermia is a special threat when you are exposed to _____.
19. Be sure to treat a hypothermia victim _____.

DOWN

1. Natural clothing material that stays warm even when wet.
2. For maximum warmth, you should wear _____ fitting clothes.
3. Cold _____ will rob your body of heat 25 times faster than air of the same temperature.
5. When you get wet you lose heat through this process.
6. A good way to increase body heat is through _____ activity.
7. The best way to check for hypothermia symptoms is to _____ each other.
9. One of these on your head is absolutely necessary in bad weather.
10. First stage or symptom of hypothermia.
12. Hypothermia is also known as _____.
13. Staying this way is your best defense against hypothermia.
- 16 The most dangerous thing about hypothermia is that it can _____ up on you.

Do These First!

Instructions: After reading the hypothermia crossword article, answer the following study questions.

1. Give a definition for hypothermia.
2. What should be carried on outdoor excursion even if the weather looks nice? Why is this so important?
3. What is the best prevention for hypothermia?
4. List the four stages of hypothermia.
5. What would you do to treat a person with hypothermia?