

# Backpack Checklist

(8th Grade Survival Trip)

Name \_\_\_\_\_

Due Date \_\_\_\_\_

**Required items. All to be brought in with your backpack, i.e., does not include the clothes you will wear on Wednesday!!!!**

- backpack (or similar bag with shoulder straps)
- sleeping bag
- foam sleeping pad
- visqueen (4 mil; comes in 10' x 25' rolls, but must be cut to exactly 10' x 15')
- survival kit (should have already been turned in and checked in class)
- life jacket (required to get on the boats)
- water bottles (check with leader—some groups need to take extra water)
- daypack (school backpack works well, although some leaders may not require this, so ask)
- rubber boots
- rain coat
- rain pants
- 2 or 3 polar fleece, sweatshirts, sweaters, coats, etc. (warm insulating layers!)
- 1 or 2 pants
- extra tee shirt(s) (short and/or long sleeve)
- long johns, Under Armour, leggings, etc. (can be worn first day of trip if only bringing one set)
- 2 or 3 extra wool socks or several cotton socks
- underwear
- warm hat (beanie)
- warm gloves
- sack lunch (2 lb limit including packaging and drinks other than water; bring perishable food on Wednesday, but don't forget, or you'll be eating extra limpets!)
- large trash bag (we will leave camping areas cleaner than we found them)
- flashlight and extra batteries (unless one is already in your survival kit)
- toilet paper (in waterproof container)
- toiletries: toothbrush, toothpaste, etc. (soap should be in your survival kit)

## **Optional items.**

- camera (not your phone!)
- watch
- second pocketknife or sheath knife is allowed on the survival trip
- playing cards, book, etc.
- other \_\_\_\_\_
- other \_\_\_\_\_
- other \_\_\_\_\_