

Backpack Checklist

(7th Grade Camping Trip)

Required items. All to be brought in with your backpack, i.e., does not include the clothes you will wear on Wednesday!!!!

- backpack
- sleeping bag
- foam sleeping pad
- tent (name of person with tent if you don't have it _____)
- tarp/visqueen (2 or 3 per group is a good idea)
- nylon cord or rope needed for tarps, etc.
- water bottles
- daypack (school backpack works well, although some leaders may not require this, so ask)
- rubber boots
- rain coat
- rain pants
- 2 or 3 polar fleece, sweatshirts, sweaters, coats, etc. (warm insulating layers!)
- 1 or 2 pants
- extra tee shirt(s) (short and/or long sleeve)
- long johns, Under Armour, leggings, etc. (can be worn first day of trip if only bringing one set)
- 2 or 3 extra wool socks or several cotton socks
- underwear
- warm hat (beanie)
- warm gloves
- food (nonperishable; bring perishable food Wednesday morning, but don't forget!)
- pots, pans, spatula, etc. as needed for meals
- plates, bowls, cup, silverware as needed for meals
- matches (in waterproof container such as a Ziploc bag)
- fire starters
- pocketknife (3-1/2" maximum blade)
- 2 or 3 large trash bags
- flashlight and extra batteries
- toilet paper (in waterproof container)
- toiletries: toothbrush, toothpaste, soap, etc.

Optional items.

- camera (not your phone!)
- watch
- compass
- whistle
- playing cards, book, etc.
- other _____
- other _____
- other _____